

April 26, 2010

Dear 5th and 6th Grade Parents:

"Questions" are what young people ask and it is up to us - the adults in their lives - to be the providers of accurate answers. In answering those questions we share our hopes and dreams for them as well as provide moral guidelines and increased self-esteem and respect. The need to empower young people to make healthy decisions about their bodies has never been greater.

Students will participate in our Family Life Program in class, but this will take the place of the Human Sexuality Unit. For 6th grade families, we hope that you send your child/parent team if you did not attend last year. For 5th grade, we ask you to choose this year or next depending on your comfort level and child's maturity with the topic.

St. Sebastian is offering a program to 5th and 6th grade boys and girls called "A Person of Worth" -which creates an environment of knowledge and sharing. The program is taught by Molly O'Connell(M.Ed., Nationally Certified Family Life Educator) a generalist in the area of wellness education, but finds that she's called today to focus on Human Growth and Development. She confronts the topics of human sexuality in a Biblically-based, straight-forward, responsible, and affirming way. The programs she presents are always parent-child centered and she receives rave reviews from attendees.

Course Dates and Times:

GIRLS Monday, May 10th 6:00 pm - 8:30 pm
 Thursday, May 13th 6:00 pm - 8:30 pm

BOYS Sunday, May 16th 6:00 pm - 8:30 pm
 Sunday, May 23rd 6:00 pm - 8:30 pm

All programs will meet in the parish Multipurpose Room - enter off 54th St.

******An adult MUST accompany each child. It is preferable to have a same sex parent/adult/guardian. ******

The Curriculum will include:

Self - esteem

Review of anatomy, conception, birth

Puberty - menstruation, wet dreams

Video -What's Happening to Me?

Communication - Decision Making

Return this form with your payment of \$11.00 per person (\$22 per student/parent team) made out to St. Sebastian by Friday, April 30. Let Mr. Hohl know if money is an issue - no one will be denied due to finances.

Please check any of the following that you are willing to provide.

Thank You!

Week 1:

- I will provide cookies or bars
- I will provide snack mix, pretzels, or chips
- I will provide a twelve pack of cold soda
- I will provide 6 - 12 bottles of water

Week 2:

- I will provide cookies or bars
- I will provide snack mix, pretzels, or chips
- I will provide a twelve pack of cold soda
- I will provide 6 - 12 bottles of water

I give permission for my son/daughter _____ to attend the human growth and development sessions on May 10/13 or May 16/23. I have read the description of the sessions and understand the topics that will be discussed. I plan to participate in the sessions because I understand the importance of my role as a parent/guardian when discussing sensitive issues.

Parent/ Guardian Signature

Date

Phone