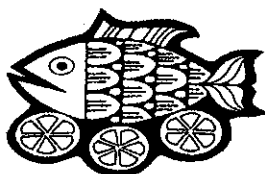


FISH FRY



Please join us for our Home and School sponsored *Fish Fry*, on Friday March 26, 2010. Thank you to all the regular volunteers and all the 5th grade parents who have signed up to help. Please review the volunteer list below as this will serve as your reminder of the shift you have volunteered to work. Please call Maddalena Stephenson at 259-5012 if you have any questions.

March 26, 2010		5 th Grade Fish Fry		Bold =Regular
Thursday prep 6-8:30pm Need 6	Friday set up 1:30-4:30pm Need 5	Friday dinner 4-7:30pm (need 35)		Friday clean up 7:30-10:00pm (need 17-18)
Janelle Pruhs Kristin Koch Ericka Burzynski Wendy Conklin Diana Mesa-Horaitis Deb Morrissey Pascale Mayhorn	Tracey Weigel Shelly DePalma Robin Gorman Teri Duffy Christine Mrotek	Sue Olson Turquoise Welch-Loera Rachel Lustig Tod Macareno Laura Ewig Dean Lex Mark Krier Dan Schley Steve Lamers Tim Heeley Jim Zaffiro Rob Stephenson Ben Koch Kristin Iverson Patty Walsh Katie Utschig Mary Beth McBride-Doyle Thomas Doyle	Beth Neumann Jim Lustig Kim Berner Deb Mamerow Brian Berner Barb Blaney Tim Desotelle Frank Swanson Steve McCauley Christine Koch Sheri Johnson Chris Marcoux Tonya Mantilla Joe Viste Jorden Trochelman	Peter Daleiden David Pruhs Tom Yanisch Dennis Hauf John Loew Maddalena Stephenson Kim Johnson Wendy Swanson Dan Walker Rob Shelledy Tom Mrotek Alicia De Los Santos Lisette Quintanilla Steve Lipscomb
Desserts: (2 dozen is the quantity for each donation, homemade is appreciated.) The following families have agreed to bring desserts: Mrotek, Duffy, Shelledy, Gorman, Marcoux, Walsh, Zaffiro, Lamers, Ogorek, DePalma, O'Neill, Lapp, Skudlarczyk, Mary Jo Kreuser, Linda Lewis, Tonya Mantilla, Deb Morrissey				

St. Sebastian Home and School Meeting Minutes
March 10, 2010

Attendance: Lance Armstrong, Julie Baudhuin, Terese Bauer, Dana Biasi, Cara Bidwell, Wendy Conklin, Shelly DePalma, Carol Durian, Laura Ewig, Paul Hohl, Amy Kozina, Lorinda Liongson, Mary Madigan, Jenny O'Neil, Maddalena Stephenson, Patty Walsh, Tracey Weigel, Turquoise Welch-Loera, Nancy Wright

Call to Order: Patty Walsh called the meeting to order at 6:39 p.m. Prayer and snacks were provided by Dana Biasi.

Review of Minutes: January, 2010 minutes were approved.

Treasurer's Report – Shelly DePalma

- Fish fry is going great. Quite successful thanks to the many hands that make it work.

Principal's Report – Paul Hohl

- 7th grade class trip: Millenium Park; Art Institute; Elixir of Love opera

Ongoing/Upcoming Events

- Rosie Reader – Fifty percent of our kindergarten students are participating!

Chairs Report

- Time and Talent – Dana Biasi
 - High Interest Day – things are being planned and going well
 - End-of-the-Year picnic – Lena Stephenson is planning
- Fun and Fellowship – Lorinda Liongson
 - March 25th parent coffee at Cranky Al's
 - Grandparent's Day – still in discussion as of this printing
 - Teacher Appreciation Week luncheon – Julie Baudhuin and Katie Utschig
 - Masquerade Dance back in February went well. Profits went toward a charity chosen by Girl Scout Troop 1294 to buy school supplies for students.
- Faith and Academics – Tracey Weigel
 - Dana Biasi will attend the Ed Committee meeting in April as the Home & School liaison.
 - Honor's Banquet – being taken care of by Melinda Runnoe. Date will be determined in May.
 - Character Ed visits – March 25th and 26th topic will be RESPECT. Marquette students coming to volunteer, but we still need volunteers for some grades. Please contact Tracey Weigel if you can help. Our children would appreciate it!
 - Green Team will be meeting on March 17th

- Loaves and Fishes – Cara Bidwell
 - Cara put fundraising information on the website
 - Julie Kennedy will be taking over Loaves and Fishes next year. Welcome, Julie!
 - Scrap metal drive will happen Saturday, April 24th from 8-12:00 in the parking lot. Thanks, Steve Biasi! Get your scrap metal in for cash.
 - Poster contest for Earth Day is coming. A gift card for Rainbow Booksellers will be the prize, donated by Ann Wydeven.
- Fish Fry – Lena Stephenson
 - St. Seb's fish fry was featured in the Cue section in February. We had a very flattering review, which has helped to boost our sales in the past weeks.
 - March 5th was the biggest sit down ever. We sold just under \$8,000 in fish-related food. I will tell you that the salad bar was crazy busy. We sure earned our money that night!
 - The carry-out fish fries have been great, also.

Other Business

- Mini-grant request from Amy Kozina – would like \$60 to help create a memory book for each child in 2nd grade to cover the costs of photo processing and paper products. This request has been granted. What a great idea to have a snapshot of their experiences as memories for a lifetime.
- Movie Night – tentatively scheduled for April 30th sponsored by Venture Scouts
- Changes for next year:
 - Dana Biasi taking over from Patty Walsh for Home & School Chairperson
 - Cara Bidwell taking over from Katie Utschig for High Interest Day Coordinator
 - Turquoise Welch- Loera taking over for Dana for Time & Talent
- Positions looking to be filled for next year:
 - Character Ed – talk to Tracey Weigel for all the details
 - Communications Coordinator – talk to Laura Ewig about this easy and fulfilling position
 - Coordinator to collect, manage, and submit Campbell's soup labels – contact Cara Bidwell

Patty adjourned the meeting at 8:02. Amy will have the prayer and Laura will have the snack.

Our next meeting will be held Wednesday, April 14th, 2010 at 6:30 PM in the Teacher's Lounge. All are welcome.

Respectfully submitted,
 Laura Ewig
 Communications Coordinator

Lae/laptop/H&S Minutes

CONGRATULATIONS TO OUR 2010 FORENSIC TEAM

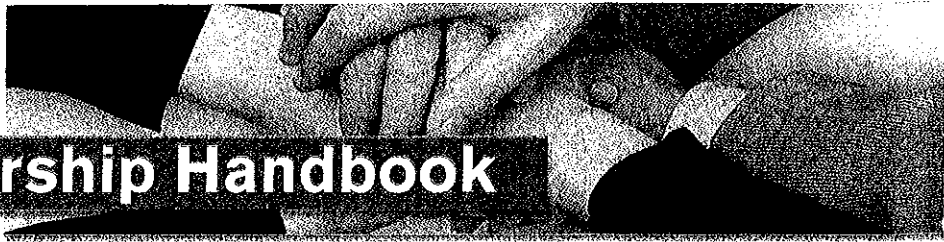
Twenty three middle school students are headed to Neenah on Friday, March 26th for the all day Saturday STATE TOURNAMENT. This represents over 90% of our "Young Team." The majority of our team this year is made up of 6th graders and 1st time competitors, so to qualify for state the first year is quite a feat. We congratulate our entire team for all their efforts and commitment to the program. Forensics requires a tremendous amount of individual practice time on the part of the student. Our team won two trophies later in the season—a second place at Samuel Morse and a third place at Glen Hills. This is evidence of the major improvement that everybody on the team made through continued practice.

Thank you to all of our parents who volunteered as judges, drivers, and listeners at lunch bunch. A special thank you to Leah Sealey for organizing the Lunch Bunch practices, to Sherry Walker for organizing the drivers and the Forensic Frenzy, to Daniel Mullen for making the DVD's of each speech, and to Margo Haig for helping to coach after school. Our program could not be as successful as it is if it were not for the enthusiastic help and support of our parents.

Individually, our team won many blue ribbons, medals, and trophies:

Prose—Yasmine Sahid, 4 blue ribbons, 1-2nd trophy, 1-3rd medal; Will Mullen, 1 blue ribbon; Storytelling—Sophia Altenburg, 6 blue ribbons, 1-2nd medal; Elizabeth Sealey, 4 blue ribbons, 1 each 1st, 2nd, 3rd medals; Lauren Smrz, 5 blue ribbons, 1-1st, 1-3rd medal, 1-3rd trophy; Solo Humorous—Adam Walker, 6 blue ribbons, 1-2nd, 1-1st trophy; Emma Runnoe, 6 blue ribbons; Non Original Oratory—Hailey Kertscher-4 blue ribbons, 1-3rd trophy; Emma Pieper, 6 blue ribbons, 1-1st medal, 1-3rd trophy; Sebastian Pruhs, 2 blue ribbons, 1-3rd trophy; Poetry—Samuel Krier, 4 blue ribbons, Abigail Kopchinski, 3 blue ribbons, Serious Solo—Erin Barrett, 7 blue ribbons, 1-3rd trophy; Impromptu Speaking—Daniel Mullen, 5 blue ribbons, 1-1st medal, 1 each- 1st, 2nd, 3rd trophies; Demonstration—Genevieve Desotelle and Alanna McCaulley, 4 blue ribbons, 1-1st, 1-2nd medal, 1-2nd trophy; Group Interpretation—Kylie Treacy and Maria Villa, 5 blue ribbons; Infomercial—Elizabeth Falk and Melody Kendl, 5 blue ribbons, 1-3rd medal, Cassidy McCaulley and Rebecca Swanson, 7 blue ribbons, 1-3rd medal, 2-2nd trophies, Margaret Walker and Allie Lichucki, 6 blue ribbons.

GOOD LUCK TO ALL THE TEAM AT STATE!!!



Parent Partnership Handbook

A Parent Guide for Mentoring Through Mantras

Mentor Responsible Speech

DR. PATRICIA M. MCCORMACK, IHM

It only takes a spark to get a fire going. How often have you witnessed that one word, one phrase, or one sentence caused irreparable harm to a relationship? The tongue is a powerful instrument of life or of death. It is also an indicator of personal character. The person who exerts self-control regarding speech most likely develops self-mastery over other aspects of life. St. James used two analogies to explain the power of speech. He said that the tongue is like a bit in the mouth of a horse. Though tiny, it controls the horse's entire body. The tongue is also like the very small rudder of a large ship. The rudder is insignificant in size compared to the ship, and yet it is the rudder that guides the vehicle. When mentoring a child towards soulful maturity, responsible speech is a core skill to be mastered.

Jesus remarked that a person's words depend on what fills his/her heart (Mt. 12:34). The home is the primary place to develop habits of gracious words—encouragement, appreciation, recognition, welcome, affirmation, gratitude, comfort, or apology. St. Paul summarized a proactive approach for cultivating responsible speech in children when he advised: **“Whatever is true, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence and if there is anything worthy of praise, think about these things”** (Philippians 4:8). To Paul's wisdom add “talk about such things.” Parents can mentor their children to be people who use their speech responsibly by discussing the meaning contained in Paul's advice or by other mantras, aphorisms, or slogans like these:

- **“A kind mouth multiplies friends, and gracious lips prompt friendly greetings”** (Sirach 6:5).
- **“Say only the good things that folks need to hear; things that will really help them”** (Eph. 4:29-32).
- **“Hearts have been broken by harsh words spoken that sorrow can never set right.”**

It is essential to mentor the heart of children with words, thoughts, and expressions that bring life and can seep into their souls. Some households post soulful thoughts on the refrigerator or some well-visited spot in the house, like the bathroom mirror or the doorpost to the main door. Others display a thought on an index card

mounted on a mini-easel and placed as the dinner table centerpiece.

Speak the Truth in Love

Truth spoken harshly loses its chance to help another or to convert behavior. But when truth is spoken in love, it is more likely to bring forth the fruit of peace and growth. Three criteria ought to inform your decision to speak hard information to another person:

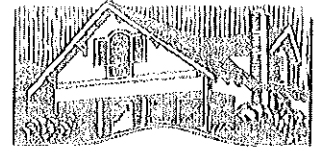
- (1) Is the statement true? And whose truth is it?
Is it reliable information, not hearsay? Is it a matter of principle and moral living, an expression of the Gospel, or is it your pet peeve? If it is reliable and represents God's will, speak.
- (2) Is it necessary to speak?
Will silence cause more harm? Would you think it important to say this thing to anyone in a similar situation or only to this particular person? Is it a matter that will benefit the person and others or is it merely a matter of your ego? Is it the cake or the icing on the cake? Speak the cake; skip the icing.
- (3) Will it be helpful to speak?
Does your relational history suggest that your words will be accepted and, therefore, be an aide to conversion?

After you consider the criteria, if you determine to speak, be brief, be respectful, stick to the point, and then let it go.

Truth is necessary to form and maintain right relationships. Truth builds trust, an essential thread in the fabric of society. The eighth commandment charges us to speak the truth, to preserve the reputation of others, and to keep confidential that information that others have no right to know. More detail is available in the *Catechism of the Catholic Church*, #2471-2492. ▲



Dr. Pat McCormack is an international consultant and public speaker on issues of whole-person formation. Contact her at the IHM Office of Formative Support for Parents and Teachers, DrPatMcCormack@aol.com.



WASHINGTON HEIGHTS *Neighborhood Association*

Saint Sebastian School: All families, Boy Scouts and Girl Scout troops

**Below is information about the Washington Heights Earth Day Clean-up.
Please help!**

**2010 Earth Day Clean-Up
Saturday, April 17
8 a.m. – Noon**

Families and individuals are invited to keep Washington Heights beautiful. Last year's attendance was well over 100 volunteers. It truly was a great day for the Washington Heights, let's continue the streak and even break last year's attendance record!

The Washington Heights Association clean-up day will be Saturday, April 17. Volunteers are needed from 8 a.m. to noon to help with the clean up. We will be picking up trash and combing alleys for large items such as old water heaters, furniture, etc.

Keep Greater Milwaukee Beautiful will provide trash bags and gloves for volunteers to use. Please meet in the parking lot at the corner of 47th and Vliet streets (Northwest corner) at 8 a.m. Coffee, juice and donuts will be provided for volunteers before we start cleaning. This is a wonderful opportunity to practice stewardship with your children and neighbors. Local organizations are encouraged to participate as groups.

Please put this on your calendar, the neighborhood really could use your support!

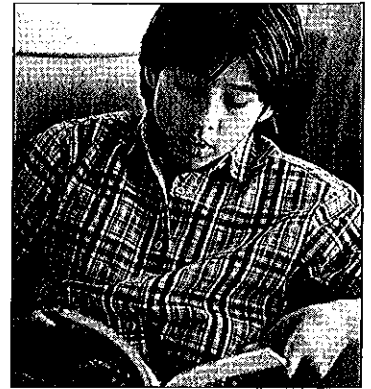
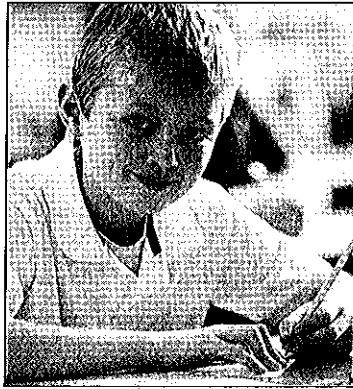
Please contact me with any questions,

JIM GROTE

PHONE: 430.0332

EMAIL: JIMG@CREAMCITYCONSTRUCTION.COM

Summer Reading Skills Programs



CLASSES OFFERED IN GLENDALE, WAUWATOSA AND ON CAMPUS



Program for 4-year-olds and entering kindergartners:

Children in this program learn beginning phonics and reading readiness skills, build comprehension, and develop a love of books and reading.

Program for entering 1st graders:

Success in first grade requires a strong foundation of reading skills and a high level of confidence. In this program, your child will learn phonics, build sight vocabulary, improve comprehension, and experience success with independent reading.

Program for entering 2nd graders:

In this program, students build strong reading skills, confidence, and a love of reading. Your child will make significant gains in phonics and word-attack skills, sight vocabulary, fluency, and comprehension.

Program for entering 3rd graders:

In this program, students become more fluent, confident readers and learn to enjoy reading more. Your child will build strong comprehension, and will develop the long-word decoding and fluency skills required to read longer books with ease.

Program for entering 4th and 5th graders:

Students in this program gain more than one grade level in comprehension, and increase fluency and speed. Your child will complete homework more quickly and easily, get better grades, and become fully absorbed in books.

Program for entering 6th-8th graders:

Students in this program improve comprehension one to two grade levels while doubling reading speed.* They also learn the best way to read textbooks, take notes, and study for tests. As a result, students complete homework more quickly and easily, get better grades, and enjoy reading more.

Program for entering 9th-11th graders:

Students double reading speed, improve comprehension by one to two grade levels, and learn study skills.* Excellent preparation for the SAT, ACT, and college.

Phonics

Comprehension

Vocabulary

Study Skills

Speed Reading

Love of Reading

** Average speed and comprehension gains based upon Nelson-Denny standardized test results.*

FOR MORE INFORMATION OR TO REGISTER

Call 1-800-978-3532

Mon.-Thurs. 7am-9pm, Fri. 7am-8pm and Sat. 9am-3pm

Please see reverse side for class schedule.

Schedule Code: 31-S0-BF8A

Teachers

Programs are offered as a community service by Marquette University's College of Professional Studies, a non-profit organization. Classes are taught by professional instructors from the Institute of Reading Development.

Exciting Results

"I would like to thank you for such a positive outcome with my son James. He learned skills that have translated into wonderful grades, and more importantly, have given him more confidence in his reading abilities. He has actually asked to go to the library to pick out a book!"

- Parent of 4th grader

Class Schedule

Tuition and materials fees vary by program level. Please ask about our family discount.

Program R - For 4-year-olds and entering kindergartners (must be age 4 when class begins)

Program 1 - For entering 1st graders

Program 2 - For entering 2nd graders

Program 3 - For entering 3rd graders

Program 4 - For entering 4th and 5th graders

Program 5 - For entering 6th-8th graders

Program 6 - For entering 9th-11th graders

Program 7 - For adults, college students, and entering 12th graders

More reading classes are scheduled at nearby locations.

All programs meet once each week.

ON CAMPUS: The following programs meet on campus at Marquette University.

Program R - Sat., June 12-July 17, 10:30am-11:45am

Program 1 - Sat., June 12-July 17, 12:30pm-2:30pm

Program 2 - Sat., June 12-July 17, 3:15pm-5:15pm

Program 3 - Thu., June 17-July 15, 4:00pm-6:00pm

Program 4 - Sun., June 13-July 18, 10:00am-12:15pm

Program 5 - Sun., June 13-July 18, 1:00pm-3:30pm

Program 6 - Sun., June 13-July 18, 4:00pm-6:30pm

Program 7 - Thu., June 17-July 15, 7:00pm-9:30pm

GLENDALE: The following programs meet

at Nicolet High School, 6701 North Jean Nicolet Road.

Program R - Fri., July 23-Aug. 20, 10:30am-11:45am

Program 1 - Fri., July 23-Aug. 20, 12:30pm-2:30pm

Program 2 - Fri., July 23-Aug. 20, 3:15pm-5:15pm

Program 3 - Mon., July 26-Aug. 23, 9:15am-11:15am

Program 4 - Mon., July 26-Aug. 23, 9:00am-11:15am

Program 5 - Mon., July 26-Aug. 23, 12:00pm-2:30pm

Program 6 - Mon., July 26-Aug. 23, 12:00pm-2:30pm

WAUWATOSA: The following programs meet

at Pilgrim Lutheran School, 6717 West Center Street.

Program R - Sat., July 24-Aug. 21, 10:30am-11:45am

Program 1 - Sat., July 24-Aug. 21, 12:30pm-2:30pm

Program 2 - Sat., July 24-Aug. 21, 3:15pm-5:15pm

Program 3 - Tue., July 20-Aug. 17, 4:00pm-6:00pm

Program 4 - Sun., July 25-Aug. 22, 10:00am-12:15pm

Program 5 - Sun., July 25-Aug. 22, 1:00pm-3:30pm

Program 6 - Sun., July 25-Aug. 22, 4:15pm-6:45pm

Program 7 - Tue., July 20-Aug. 17, 7:00pm-9:30pm



Be The Difference.

FOR MORE INFORMATION OR TO REGISTER

Call 1-800-978-3532

Mon.-Thurs. 7am-9pm, Fri. 7am-8pm and Sat. 9am-3pm

These programs are offered by the Marquette University College of Professional Studies and taught by professional instructors from the Institute of Reading Development. The program is not affiliated with the School of Education.

Inquire early! Class size is limited.