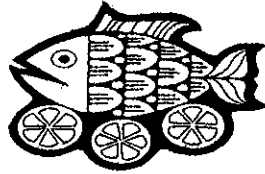


# FISH FRY



Please join us for our Home and School sponsored *Fish Fry*, on Friday February 19, 2010. Thank you to all the regular volunteers and all the Generations of Faith families who have signed up to help. Please review the volunteer list below as this will serve as your reminder of the shift you have volunteered to work. Please call Maddalena Stephenson at 259-5012 if you have any questions.

February 19, 2010 Generations of Faith Fish Fry				<b>Bold =Regular</b>
Thursday prep <b>6:00PM-8:30PM</b>	Friday set-up <b>1:30PM-4:30PM</b> (need 3)	Friday dinner <b>4:00PM-7:30PM</b> (need 18)		Friday clean-up <b>7:30PM-10:00PM</b> (need 10)
<b>No Thursday night food prep for Carry out only fish fries</b>	<b>Tracey Weigel</b> <b>Robin Gorman</b> <b>Shelly DePalma</b> Maggie Rauh (until 3:00)	<b>Sue Olson</b> <b>Steve Lamers</b> <b>Barb Blaney</b> <b>Tod Macareno</b> <b>Tim Desotelle</b> Melissa Vigil Lauren Jiardini Al Berendt Brian Terry	<b>Mark Zalewski</b> <b>Dan Schley</b> <b>Matt Lichucki</b> <b>Mark Krier</b> <b>Rob Stephenson</b> Carlos Vigil Kathy Berendt Madeline Berendt	<b>Peter Daleiden</b> <b>David Pruhs</b> <b>John Loew</b> <b>Matt Bohlmann</b> Chris Johnson Steve Whitney David Granger Eric Kortbein Jon Reetz
<b>Desserts:</b> (2 dozen is the quantity for each donation, homemade is appreciated.) The following families have agreed to bring desserts: Leffler, Jiardini, Kortbein, Viste, Lee, Schumacher, Doucette, Reinhard, Netko, Dorschner				

# **Helpful Hints for Parents during Lent**

## **Fast and Abstinence (according to the Archdiocese of Milwaukee website)**

- Customarily, fasting required that a person take only one meal a day, but current Church discipline permits one to take a main meal and two lesser meals which together do not equal the main meal.
- All persons who have reached their 14th birthday are bound by the law of abstinence. All adults are bound by the law of fast from their 18th to their 60th year.
- Ash Wednesday and Good Friday are days of abstinence from meat and meat products as well as days of fast.
- The other Fridays of Lent remain days of abstinence from meat and meat products.
- The Fridays of the year outside Lent remain days of penance, but the traditional abstinence from meat may be substituted with some other practice of voluntary self-denial or personal penance. This may be physical denial, self-restraint or acts of religion, charity or Christian witness.

## **More helpful hints for parents**

The Catholic Church encourages abstaining from eating meat and poultry on all Fridays throughout the year, but in the United States that practice has become a Lenten obligation. Teenagers and adults are asked to not eat meat on Ash Wednesday and all Fridays during Lent, to honor Christ's sacrifices for us.

Fish and seafood are allowed, as well as dairy and other animal byproducts.

Although abstinence is not required of children, even very young kids should have no problem abstaining from eating meat one day a week during Lent. To prepare for the Lenten season, kids may enjoy brainstorming with their parents to think of meatless meals and snacks for the whole family. Cheese pizza, spaghetti, fish and chips, cheese quesadillas and other children's favorites can be Friday staples.

Some kids' favorite foods can be turned vegetarian by substituting beans, cheese, soy, tofu or mushrooms for meat. For instance, bean burritos, vegetarian chili and vegetable lasagna are great Friday night dinners for Lent.

Catholic fasting is not avoiding all food. On days of fasting, Catholics are asked to eat only what is necessary, usually one meal per day or two small meals, with no snacking, no sweets and no indulgences.

Children may not be able to skip meals, but can be encouraged to make other sacrifices on days of fasting. At the onset of Lent, children can help decide which snack foods they'll give up on fasting days. A short prayer before eating any food also helps children remember the purpose of the Lenten season.

With guidance from parents and teachers, Catholic children can get more out of the Lenten season and feel more a part of their church's most honored observances.

# Math Computation Improvement Plan

FEBRUARY ISSUE

## 1. Math Achiever Club – Computer Contests

Students can voluntarily participate in a computerized math computation contest during resource/study hall/lunch bunch/afterschool times. Benchmark improvements in speed and accuracy will earn students a spot in the Math Achievers Club.

### Lent Contest (ends Friday, March 12)

Grades 2-8 - Quarter Mile Math program – In this optional program, students will participate in the individual tournament mode and save their top races for speed and accuracy. Math Achiever Club will have its first party at the conclusion of this contest.

<u>Grade</u>	<u>Contest</u>
Grade 8	Decimals: multiplication
Grade 7	Estimating: add/sub/multiply
Grade 6	Decimals: adding
Grade 5	Multiply through 25 X 25
Grade 4	Divide through 100/10
Grade 3	Multiply through 10 X 10
Grade 2	Subtraction through 20 – 10

Grade 1 – Dancing Dinos – Basic Skills

## 2. Math Computation Wall of Fame – Written Contests

Grades 4-8 will take a 30 minute, 30-40 question math test once per month. The math test is provided by the Math League. The third test is in February.

Grade 1-3 will participate in classroom computation exercises conducted by classroom teachers.

High scorers and most improved scores will be added to our math computation Wall of Fame

See the 2/17 newsletter and congratulations to the January Wall of Famers:

### **3. Student Website Work – At Home**

This quarter's featured website is <http://mathplayground.com/>  
This website features math games, word problems, logic puzzles, thinking blocks, flashcards, manipulatives, computation, and math worksheets. You may also use last quarter's websites if you enjoyed them. Please add these websites as favorites on your home computers and keep track of your child's activity. Fill out the attached form and turn in by March 24 for a math grade.

#### **Websites & Time Expectations**

Grade 3-8 – 4 hours during the grading period, completed by March 24.

Grade 1-2 – 2 hours during the grading period, completed by March 24  
<http://mathplayground.com/> or flash card/teacher-provided worksheets

Previous websites:

Middle School <http://www.funbrain.com/brain/MathBrain/MathBrain.html>  
<http://www.coolmath.com/>  
<http://www.moneyville.org/activities.cfm>

All <http://www.Aplusmath.com>

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#### **Student Website Work – At Home Verification Form**

My child, \_\_\_\_\_, worked on the math website for 4 hours / 2 hours (grades 1-2) as directed in the St. Sebastian Math Computation Improvement Plan.

Parent Signature \_\_\_\_\_

Return to classroom teacher by March 24.

# Math Wall of Fame

## December

### 8th grade

Cappon, Sam  
Ogorek, Tyler  
Sealey, Elizabeth

### 7th grade

Bohlmann, Leo  
Klein, Maggie  
Rodriguez, Alyssa  
Utschig, Henry

### 6th grade

Baudhuin, Connor  
Gratz, Zack  
Macheel, William  
Pruhs, Sebastian

### 5th grade

Burzynski, Maggie  
Riley, FranChesca  
Shelledy, Matthew  
Utschig, Charlotte

## January

Donny Hayden  
Quinn Burzynski  
Robert Earle

Emily Zaffiro  
LaKayla Johnson  
Claudia Delgadillo

Alanna McCauley  
Allie Lichucki  
Jessica Nguyen  
Carlos Delgadillo

Aaron Gorman  
John Doyle  
Casey O'Neil  
Jordyn Summerfield

## December

### 4th grade

Park, Christopher  
Pruhs, Nate  
Weigel, Mitchell  
Zeidler, Andy

### 3rd grade

Berg, Haydn  
Bohlmann, Gabriel  
Crain, Michael  
Wright, Ethan

### 2nd Grade

Kayser, Abigail  
Kozina, Grace  
Marseo, Dominic  
Pearsall, Ameera

### 1st grade

Burzynski, Reed  
Pruhs, Lydia

## January

Jesus Villa  
Luciano Stephenson  
Ben Kozina  
Veesai Senethavisouk

Olivia Baudhuin  
Robby Knapp  
Allyson Mills

Kieran Zalewski  
Maia Rauh  
Tim Kirkpatrick  
Ben Zeidler

Emily Sveda  
Rosie Villa  
William Watry

# Scrip

## Fundraising While You Shop

With scrip fundraising, our families simply do their **regular weekly shopping** (buying everyday expenses like food, clothing, gasoline, and entertainment) **with gift cards** from America's favorite retailers. With each purchase, St. Sebastian **earns cash rebates** that can quickly add up to tens of thousands of dollars a year - money that can be used to assist in paying a **family's program fee** and adding to our **parish revenue**.

All this at **no cost to you** and no selling pizzas or candy or cookies.

Scrip is **available** in the parish office during **normal business hours** and at the Scrip table in the **Gathering Space** after **Sunday morning Masses**.

There are many more stores that can be ordered for you.

**Stop by and pick up an order form and see the possibilities.**

# JESSE'S FIRST TIME

## 3RD ANNUAL BEACH PARTY!

OK, it's Not at a Beach, but it IS a great party!

Saturday March 6, 2010

7:00 PM

SPRECHER Brewery Beer garden

701 W. GLENDALE AVE

(IN Glendale)

### MUSIC BY JESSE'S FIRST TIME

JESSE VILLA - GUITAR & VOCALS

PAULA TREACY - VOCALS

LAURA LANGE LEHMANN - VOCALS

BRIAN HYPES - DRUMS

DAVE SCHROEDER - KEYBOARDS & VOCALS

JIM CAREY - GUITAR

MARK STEINLE - BASS

**FUN, FOOD, FOAM (beer) & FROLIC!**

**SUGGESTED DONATION \$20.00 PER PERSON**

**PROCEEDS GO TO St. Sebastian CHURCH**