





Children's Hospital  
of Wisconsin

*A member of Children's Hospital and Health System.*

## **Education for the Food Allergic Child**

**Children's Hospital of Wisconsin is offering a class for parents and caregivers of children with food allergies**

*Food allergies affect 5 to 7 percent of young children. These children are at a higher risk for nutritional deficiencies due to restricted diets. Children grow rapidly and need adequate nutrition to grow and develop. Having to avoid foods such as cheese, eggs, peanut butter or wheat can make feeding your child a challenge and contribute to nutritional deficiencies.*

The class will provide:

- Review of Food Allergy Emergency Plan
- Review of how and when to give the Epi Pen
- Education regarding "How to Read Food Labels."
- Tips regarding substitutions, grocery shopping and eating out.
- Information on multivitamins.
- Information regarding formulas and milk alternatives.
- Sample recipes for allergen-free cooking.
- Resources for purchasing allergen-free foods.
- Suggestions on substitutions for foods that are commonly being avoided.

Cost: \$5.00

Presenter: Jeanne Conner, APNP, Nurse Practitioner,  
Mary Beth Feuling, MS, RD, CNSD, Clinical Dietitian Specialist  
Allergy and Immunology, Children's Hospital of Wisconsin

**Class: Tuesday, November 3, 2009**

**6 p.m. to 8 p.m.**

**Children's Hospital of WI Clinics-New Berlin  
4855 S. Moorland Road, New Berlin**

**To register call maxiSHARE at 800-444-7747 or register online at  
[www.maxishare.com](http://www.maxishare.com)**

**(If this date has passed, please contact maxiSHARE for the next class date)**

Registration

Student Name \_\_\_\_\_  
Parent Name(s) \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_  
Mobile Phone \_\_\_\_\_  
Student Email \_\_\_\_\_  
Parent Email \_\_\_\_\_  
Current School \_\_\_\_\_  
Current Grade \_\_\_\_\_

Christmas Canticle Project (\$80)  
 Voice Class Project (\$80)  
 I have enclosed a check for the amount listed  
 Please charge my account below:

Mastercard \_\_\_\_\_ Exp \_\_\_\_\_  
Visa \_\_\_\_\_ Exp \_\_\_\_\_

Please make checks payable to *Pius XI High School* and mail to:

Performing Arts Academy  
Pius XI High School  
135 N. 76 St.  
Milwaukee, WI 53213

.....detach here.....

Performing  
Arts  
Academy  
for the Milwaukee Archdiocese  
and beyond...



Vocal Music

## Christmas Canticle Project

*Available to students grades 5–8*

*6-week project (Wednesdays, 6–7 PM Pius XI Chapel)  
10/21, 10/28, 11/4, 11/11, 11/18, 12/2*

*Concert dress rehearsal—Thursday, 12/3, 6–8 PM at  
the Cathedral of St. John the Evangelist*

*Concert—Friday, 12/4  
20 students maximum*

*Cost: \$80 per student*

*Students in grades 5–8 will have the opportunity to work with Ms. Diane Strohis and the Children's Choir of Waukesha. Classes will include excellent choral technique and sight-reading skills. In addition, students will prepare selections to be performed at the Pius XI High School "Christmas Canticles" Concert held at the Cathedral of St. John the Evangelist on Friday, December 4<sup>th</sup> at 7:00 PM. "Christmas Canticles" is an exciting new work that presents all of your favorite Christmas Carols woven together in four beautiful sections complete with narration and full orchestral accompaniment. This concert is a seasonal favorite and has been listed in Milwaukee Magazine as one of the city's best holiday events.*

## Voice Class Project

*Available to students grades 6–8*

*6-week project (January 8 through February 12)*

*Friday afternoons from 4:00–5:30 at Pius XI High School*

*Voice Recital—February 13, 2:00 PM at Pius XI Chapel*

*8-student maximum per class, 4-student minimum*

*Cost: \$80 per student*

*Students in grades 6–8 will be learning the principles of solo singing and performing in a fun, positive environment. Each class will learn selections from the Wisconsin School Music Association (WSMA) Solo and Ensemble Festival list. All students from participating grade schools will come together for a recital at Pius XI High School. After this course, students will have the option, for an additional fee, to participate in the WSMA Solo and Ensemble Festival held at Pius XI High School on February 19–20, 2010. At the festival, students will perform their selection for a judge and receive a performance rating and medal.*

## The Performing Arts Academy

*The goal of the Performing Arts Academy is to provide quality performing arts education to elementary and middle school students in the metro-Milwaukee area who otherwise would not have access to such programs.*

*The academy is comprised of a small group of dedicated Performing Arts educators who feel beholden to our founding patronesses, the School Sisters of St. Francis. The School Sisters have nurtured and shaped the musical and cultural scene of southeastern Wisconsin for over 100 years, establishing many schools including the Wisconsin Conservatory of Music.*

*In the spirit of our founders, it is our dream to keep their doctrine alive and flourishing in the Archdiocese of Milwaukee.*

*To register, complete form on reverse side.*

*For more information, contact Bonnie Scholz,  
Performing Arts Academy Director  
at 414-290-8122 or [bscholz@piusxi.org](mailto:bscholz@piusxi.org).*