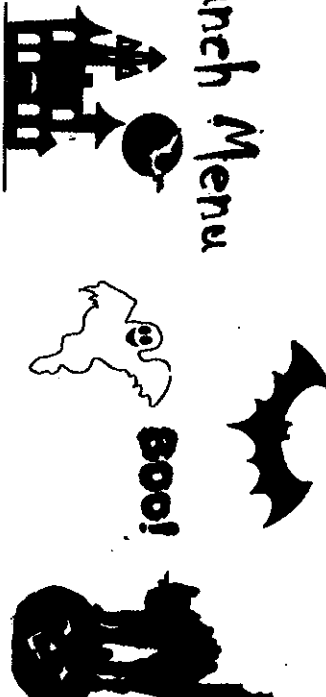


St. Sebastian Lunch Menu

October 2010



BOO!

Friday, Oct. 1	Fish Sticks Select Any Tnx. Vegetables Fruits
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LUNCH PRICES	
Grades K-5	\$2.65
Grades 6-8	\$2.95
Reduced	.40¢
Milk	.50¢

*Menu may change due to availability

Cafe Phone: # 414-453-6850



Monday, Oct. 4	Mini Corn Dogs Select Any Tnx. Vegetables Fruits
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Tuesday, Oct. 5	Chicken Nuggets Select Any Tnx. Vegetables Fruits
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Wednesday, Oct. 6	Pizza OR Chow Mein Casserole* Select Any Tnx. Vegetables Fruits
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Thursday, Oct. 7	Hamburger w/ Bun Select Any Tnx. Vegetables Fruits
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Friday, Oct. 8	Mozzarella Dippers Select Any Tnx. Vegetables Fruits
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Monday, Oct. 11	Chicken Patty w/ Bun Select Any Tnx. Vegetables Fruits
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Tuesday, Oct. 12	Tacos w/ choice of toppings Select Any Tnx. Vegetables Fruits
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Wednesday, Oct. 13	Hot Pockets Select Any Tnx. Vegetables Fruits
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Thursday, Oct. 14	No Lunch
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Friday, Oct. 15	No Lunch
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Monday, Oct. 18	Omelet Select Any Tnx. Vegetables Fruits
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Tuesday, Oct. 19	Burrito OR Broccoli & Ham Strata* Select Any Tnx. Vegetables Fruits
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Wednesday, Oct. 20	Chicken Nuggets Select Any Tnx. Vegetables Fruits
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Thursday, Oct. 21	Ravioli Select Any Tnx. Vegetables Fruits
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Friday, Oct. 22	Pizza Select Any Tnx. Vegetables Fruits
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Monday, Oct. 25	Gyros Select Any Tnx. Vegetables Fruits
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Tuesday, Oct. 26	Popcorn Chicken Bisquick Biscuits Fruit Cocktail Broccoli/Cheddar Corn on the Cob Icee
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Wednesday, Oct. 27	Turkey Deli Select Any Tnx. Vegetables Fruits
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Thursday, Oct. 28	Hot Dogs Select Any Tnx. Vegetables Fruits
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Friday, Oct. 29	Tuna Casserole* Select Any Tnx. Vegetables Fruits
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5th grade/ menu rotation on October 8th

* New, Homemade

National Roller Skating Month
Add a little fun to your aerobic activities and roller skate. Roller skating provides a complete aerobic workout and involves all the body's muscles. It burns 6 calories a minute and turns fat into muscle.

Fair Trade Month
Purchasing fair trade products supports a better life for farming families in the developing world through fair prices, community development and eco-friendly farming practices. Visit www.transfairusa.org.