


St. Sebastian Lunch Menu January 2011

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
|  | 4 Chicken Nuggets <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables Fruits | 5 Corn Dogs <u>OR</u> Potato Bar <u>Choose Any Two</u> Vegetables Fruits | 6 Pizza Dippers w/ Marinara <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables Fruits | 7 Hamburger w/ Bun <u>Choose Any Two</u> Vegetables Fruits |
| 10 Chicken Patty w/ Bun <u>Choose Any Two</u> Vegetables Fruits | 11 Vegetable Casserole* <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables Fruits | 12 Tacos <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables Fruits | 13 Hot Dogs w/ Bun <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables Fruits | 14 Appetizer Platter: Mini Corndogs, Mozzarella Sticks, Teriyaki Chicken <u>Choose Any Two</u> Vegetables, Fruits |
| 17 Pizza <u>Choose Any Two</u> Vegetables Fruits | 18 Veggie Cheese Pie* <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables Fruits | 19 Popcorn Chicken <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables Fruits | 20 Ravioli <u>OR</u> Potato Bar <u>Choose Any Two</u> Vegetables Fruits | 21 Baked Macaroni & Cheese* <u>Choose Any Two</u> Vegetables Fruits |
| 24 Breakfast For Lunch <u>Choose Any Two</u> Vegetables Fruits | 25 Super Nachos Back By Popular Demand <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables, Fruits | 26 Fettuccine Alfredo* <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables Fruits | 27 Chicken Nuggets <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables Fruits | 28 Fish Sticks <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables Fruits |
| 31 Hot Ham & Cheese Sandwich <u>Choose Any Two</u> Vegetables Fruits | Feb 1 Pizza <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables, Fruits | Feb 2 Hearty Chili* <u>OR</u> Salad-To-Go <u>Choose Any Two</u> Vegetables, Fruits |  | |

Although pizza and chicken nuggets are historically kids' favorites, according to a recent study, there is a trend towards more sophisticated, diverse palates. Foods inspired from Indian, Cuban, Thai and other ethnic cuisines are gaining popularity among school-aged children.

LUNCH PRICES

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| Grades K-5 | \$2.65 |
| Grades 6-8 | \$2.95 |
| Reduced | 0.40¢ |
| Milk | 0.50¢ |

*Indicates New, Homemade

Cafe Phone# 414-453-6850

Menu may change due to availability of food items